



# Paddlepower

## Kayak & Canoe Award Scheme

The British Canoe Union (BCU) Paddlepower scheme is designed with 7-14 year olds in mind.

There are several levels to the scheme that WBB recommends:

- Paddlepower Start (level 1) – a taster session certificate.
- Paddlepower Passport book (levels 2-5) – equivalent to the BCU One Star adult scheme certificate
- Paddlepower Discover book (levels 6-9) – equivalent to the BCU 2 star adult scheme certificate.

There are a further 3 books for young people wanting to advance further.

### How to get involved:

1. Buy a book at a cost of £3.50
2. The young people keep the books and bring them each time. Their instructors will tick off their progress at the end of each session.
3. When the book is complete, send it to the BCU and you will receive a certificate (there is no extra charge for this).



### BCU Star Award Scheme

Should you not wish to join the Paddlepower scheme, we will record your progress using the BCU star scheme which is intended for anyone 16 years plus. We will track your progress and each Star involves an assessment after training. You can purchase a certificates at a cost of £5.00 each.